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Introducing the Caregiver Support Program and Extended Family Benefit

35% of Canadian workers balance full-time jobs and caring for a family member, partner, or friend.¹ These responsibilities are extremely time-consuming and can leave the caregiver feeling stressed, burned out, and isolated.

Did you know? Many caregivers (53%) find managing caregiving duties overwhelming, leading to anxiety, depression, and isolation.² Without adequate support, some may choose to leave the workforce, leading to a loss of talent and productivity—but with proper support, caregivers can thrive.

What you need to know

We are introducing **two new features at no additional cost** to help your clients support employees with caregiver responsibilities.

The **Caregiver Support Program** is designed to offer structured, clinically guided support to help caregivers manage emotional strain, coordinate complex care needs, and navigate day-to-day logistics and complex care responsibilities with more confidence. Learn more [here](#).

The **Extended Family Benefit** makes Teladoc Expert Medical Services available to parents and parents-in-law of plan members. These services include access to expert second opinion services, healthcare navigation, help with finding domestic and interactional physicians and getting answers to medical questions. Access to specialized programs is also available. Learn more [here](#).

Next steps

We're sharing the attached communications with your clients and their employees on April 29, 2026:

- [Plan Administrator version](#)
- [Plan Member version](#)

Resources

- [Teladoc Caregiver Support Program Overview](#)
- [Teladoc Extended Family Benefit Overview](#)

Questions?

If you have further questions about how RBC Insurance® Group Benefits can help your clients, please contact your local Group Sales Consultant at 1-855-264-2174.

^{1, 2} [Ontario Caregiver Organization](#)

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